

A Note from the Nurse

Welcome back! I hope you had a refreshing summer and are ready for a new school year.

Throughout your child's school years, there is always a need for school personnel and parents to communicate. Working together for our children's health, our goal is to provide an environment that promotes optimal wellness for all Waldwick's students. To accomplish that goal, full cooperation and communication between home and school is essential. By providing quality health care and encouraging open and clear communication, it is our hope that all students will be able to achieve their maximum learning potential.

Here are a few reminders that will help ensure a healthy school year.

- **Tardy or Absent:** If your child is going to be absent or arriving late (after 8:30am), you **MUST** notify the school, each day, by calling the attendance office at **201-445-0690, extension 1**. An answering machine is available 24 hours a day. If the school cannot verify the "whereabouts" of your child, it is mandated by the state of New Jersey that the school must notify the local police department and the Division of Child Protection and Permanency.
- **Medications:** A signed parental permission form is required for the nurse to administer TYLENOL/ADVIL, which is supplied by the parents. Permission forms are valid for ONE SCHOOL YEAR only and must be sent in advance of requested medication. Without a permission form, a parent must come to the school to administer the medication. **ALL** over the counter medications (cold medicine, eye drops, etc.) and prescription medication require your physician's orders and written parental consent. All medication must be brought into school by an adult in the original container. Prescription medications must have the prescription label. (This includes inhalers).
- **Physical Education Excuses:** Notes may be written by a parent for 1-2 days, or must be provided by a physician if for longer. The note needs to clarify whether outdoor recess is restricted as well. The nurse will not give a physical education excuse without a written parent note.
- **Crutches, casts, fractures, sutures, and splints** require a physician's clearance to return to physical education and recess.
- **Keep the school nurse informed of any conditions involving your child:** medical, psychological, emotional or behavioral, including medications taken at home, upcoming surgeries and procedures, cardiac (heart) monitors, etc., being worn at school, contagious conditions, results and follow-ups of any tests.

I thank you in advance for your cooperation. I wish you and your family a very healthy and safe school year.

Janet White, RN

Crescent School Nurse

201-445-0690, ext. 2