

# Health

## General Health Regulations

It is state law that all children must have received the required immunizations or be in the process of receiving them. The penalty for not complying with this law is exclusion from school for the child until such time as immunizations are complete.

1. According to state rules, every child must be immunized against diphtheria, pertussis, tetanus, polio, measles, mumps, rubella, Hepatitis B, chickenpox and certain children must be immunized against the flu and meningitis.
2. In order that the health records are kept up-to-date, all immunizations performed by the family physician should be reported to the school nurse.
3. If a child is injured or becomes ill in school, the school nurse provides first aid care, and when necessary, parents will be called to take the child home from school. If parents are not reachable, the person listed on the child's emergency sheet is notified and asked to come for the child.
4. Students who require the use of casts, slings, braces, crutches, or a wheelchair due to an injury or surgery must have a physician's order stating limitations and restrictions. The doctor's order must specifically include the use of crutches or a wheelchair during school. A doctor's note is required to resume full activity of physical education and recess.

## Physical Examination

All students entering Crescent School for the first time must have a physical examination by a healthcare provider who is a licensed medical doctor, doctor of osteopathy, advanced practice nurse or physician assistant. This examination must be done no more than 365 days prior to entry and must state what, if any, modifications are required for full time participation in the school program.

Although physical examinations in particular grades are not required, you are reminded of the importance of obtaining periodic medical examinations during each developmental stage of your child.

## Periodic Screening

Children are screened, as required or needed, for the following:

- **Height & Weight**
- **Hearing**
- **Blood Pressure Monitoring**
- **Vision**
- **Scoliosis**

Parents will receive notification of any deviation from normal screenings.

# Exclusion from School

Children should be kept home from school if they have the following conditions:

- **Temperature 100 degrees or above**
- **Vomiting**
- **Conjunctivitis (Pink Eye)**
- **Strep Throat**
- **Ringworm**
- **Diarrhea**
- **Head Lice (until treated)**
- **Scarlet Fever**
- **Impetigo**
- **Scabies**

Parents should report communicable diseases to the school nurse as soon as diagnosis is complete. Children may return to school when permitted by their doctor.

The school regulations regarding the exclusion of pupils are:

- Fever** (oral temp of 100 degrees or above), **vomiting, diarrhea - 24 hours** following the most recent episode of vomiting or diarrhea or 24 hours after the child's temperature has returned to normal without the aid of medication.
- Any child who has been cultured for possible **Strep Throat** should not attend school while awaiting the culture report.
  - If the results are negative, your child may return to school as long as no other symptoms are present.
  - If the results are positive, your child should be on medication at least 24 hours and without fever for at least 24 hours before returning to school.
- Note: The exception to the 24 hour guidelines for the above mentioned fever, vomiting, diarrhea and strep throat, is that when our community is experiencing an abnormal amount of illness, the school exclusion time is increased to 48 hours, subject to the discretion of the nurse.**
- When a child is absent or sent home ill from school, that child is not permitted to participate in any school related activities for that day or for the period of time set forth in our school regulations.

## Physical Education Excuses and Recess

- Students may be excused from physical education and/or recess if a physician, licensed practitioner, or parent/guardian provides written documentation that the student is not in proper condition to participate. Such excuses shall state the period of time the excuse is valid.
- Verbal excuses by the student will not be accepted.
- A student with a cast, splint, sling, brace, sutures, or wheelchair is not permitted to participate in any Physical Education activity.
- **Those students unable to fully participate in Physical Education will also be limited in their recess activities.**

# Medication

The Waldwick Board of Education requires the following conditions be met for a student to receive medication during school hours:

1. Written authorization is required from you and your child's health care provider to administer any medication in school. This includes all over the counter and prescription medications. A nurse or parent/guardian are the **only** ones permitted to administer medication in the school setting, unless self-administration is authorized for a life-threatening condition.
2. Parents may obtain via the school website, a medication authorization form to be completed in full and signed by you **and** your child's healthcare provider if your child needs medication.
3. All medication must be brought to the health office by an adult in the originally labeled pharmacy container. Please ask the pharmacist for a separate properly labeled container for home use. Medications sent in envelopes and plastic bags **cannot** be accepted.
4. A form is valid for **one school year**. A new medication form must be completed and filed every year.
5. If during the school year, your child's healthcare provider determines medication is no longer required, he/she must send this information in writing to the school nurse. If the dose of the medication is changed, the healthcare provider must provide this information in writing to the school nurse.
6. Use one form for each medication.
7. The school physician has signed a written order for the administration of **acetaminophen and ibuprofen**. Therefore, only a parent/guardian signature is required for these two medications. Students must provide their own supply of these medications in the original container and packaging.