

Crescent School
WALDWICK PUBLIC SCHOOLS

Physical Education Excuse Guidelines

1. A note from a parent/guardian to be reviewed by the school nurse is required each time a student is unable to participate in physical education.
2. Documentation from a health care provider is required for a student to be excused for more than one school day from a physical education class due to illness or injury. The documentation must include the diagnosis and the amount of time the student is to be excused. **If a child is excused medically from physical education, they will also be required to sit out of recess.**
3. Verbal excuses by the student will not be accepted.
4. All students needing an excuse from physical education must come through the school nurse's office - even if the excuse is for one day.
5. Excuse notes will be cleared by the school nurse. A copy will be given to the physical education teacher and/or the homeroom teacher.
6. If illness or injury occurs during the school day prior to the physical education class, the student should see the nurse for a possible excuse for that day.
7. A student with a cast, splint, sling brace, sutures, crutches, or wheelchair is not permitted to participate in any physical education activity.
8. The school nurse will keep a copy of the physical education excuse on file.

A student with a cast, splint, sling, brace, sutures (stitches), crutches, or wheelchair require a doctor's note state the need for the use of these assistive devices while in school. If a student has sutures they will be excluded from physical education and recess until the sutures are removed by the health care provider.

Students with special health problems, such as asthma, will participate in physical education as much as their physical condition allows. We don't always feel our best all the time but when a student is in school they are expected to participate.