

COVID, FLU, COLD, & ALLERGY SYMPTOMS

SYMPTOMS	COVID-19	FLU	COLD	ALLERGY
Sudden Symptoms	Symptoms may worsen and become more severe.	The flu has a rapid onset within 3-6 hours.	Cold symptoms tend to develop over a few days.	Sometimes - when exposed to an allergy trigger.
 Fever	Common can last up to 2 weeks	Usually present 80% of all flu cases	Rare	Never
 Coughing	Dry persistent, severe cough associated with shortness of breath	Non-Productive non-mucus producing	Productive mucus producing	Sometimes
 Aches	Aches and severe fatigue	Severe aches	Slight body aches	Never
 Stuffy Nose	Rare	Not commonly present	Common	Common
 Chills	Common	Sometimes 60% of people who have flu	Uncommon	Uncommon
 Tiredness	Very Common	Moderate to Severe	Fairly Mild	Sometimes
 Sneezing	Unlikely	Uncommon	Common	Common
 Headache	Common may vary in severity	Very Common	Uncommon	Common
 Sore Throat	Sometimes	Uncommon	Common	Rare
 Chest Discomfort	Common can be severe and require hospital care	Often Severe	Mild to Moderate	Common may vary in severity